

STRESSED BY DEBT, FAMILY, UNHEALTHY RELATIONSHIPS, CONFLICT...



# Got Inspiration?

Let the Empowerment Doctor  
guide you through  
building the bridges  
that will transform your life



Live the life you have imagined. Dream Big!

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Empower *Life Changing* Inspirational

Everybody has a story. But not everyone has a story to tell. Stephanie E. Wilson-Coleman's life narrative is a testament that anyone can have a story worth telling.

Stephanie's story began in Little Rock, Arkansas, where she graduated at the top of her class at the historic Little Rock Central High School. This she managed to do despite being raped as a teen and becoming a mother at 15. Ironically, she turned the anxiety and social guilt of her predicament into the drive to achieve academic and professional excellence.

With triumph, trials come — any good story has these elements. Stephanie's test was overcoming the trauma of an emotionally draining marriage that ended in divorce just as she was being laid off from work, the victim of corporate downsizing. Loss of love and livelihood left her in financial ruin and temporarily homeless.

**But the story gets better**

That top-of-the-class thing was no fluke. The same drive that lead her to complete high school with honors led Stephanie to earn her bachelor's degree from the University of Arkansas and cinch a MBA from the University of Chicago. She even studied economics and finance in Singapore and Barcelona, Spain.

Through the organization she founded, The Champagne Connection, Inc., Stephanie helps others to complete their stories by helping them to conquer fear and to learn to love themselves — just as she did. She possesses a sincere desire to help others to understand that their dreams have the power to produce successful, prosperous lives.

Exhorting others to “live the life you imagine,” Stephanie's The Champagne Connection teaches people how to resolve conflicts, achieve goals, boost self-esteem, build confidence and create financial prosperity. Known as “The Empowerment Doctor,” Stephanie shares an inspirational and life-changing message through her company's workshops, seminars, books, CDs, videos and other speaking engagements.

By day, Stephanie is director of financial management for a government agency and vice president of finance and administration for Coleman Development Corp. She is also the author of Amazon.com's highly popular books *Is Anybody Listening: A Journey to Wholeness* and *Embracing Life's Lessons: Journey to Inner Peace and Tranquility*.

Stephanie wants the world to know: We can't always control how our story starts, but we can write ourselves a better ending — even a happy one.

What Others are Saying...

*“I have made great strides here in KC. I have moved my offices and started an ambitious advertising campaign for the tax season. Thank you for being who you are in the uplifting of women and people everywhere. Your message is pure. Keep up the good work.”*

—Margo W,  
Kansas City, MO

*“What a marvelous work. Words cannot express the inner peace I achieved through the affirmations in the book during my campaign for Judicial office.”*

—The Honorable Judge David Atkins,  
Chicago, IL

*“Girl, your book, **Embracing Life's Lessons**, is beautiful. I am reading everyday and allowing myself to digest the words and process my thoughts and place my heart and mind into action. It is a wonderful piece of heaven you have written. It is honest and gives insight into your heart and soul. This work you have written inspires from inside out.”*

—Terisa Griffin,  
National Recording Artist

*“I have been in deep thought and transition lately and your books have been quite an inspiration. I have practiced consistently attempting to stay in control of my thoughts and remember faith as an action word.”*

—Jacque W.,  
Chicago, IL

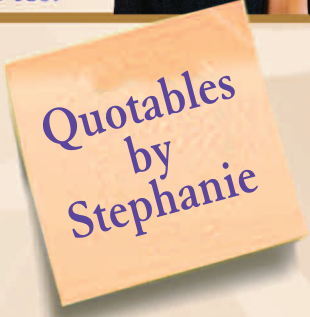
Partial List of Clients





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Some Available Products



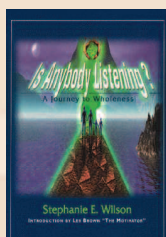
**Embracing Life's Lessons**



*Embracing Life's Lessons* captures the spirit of those crying out to be heard; of those trying to find the value in the midst of the tornadoes in their lives. Continuing to avoid the trend of creating just another prescription for what ails the soul, *Embracing Life's Lessons* is a heart wrenching narrative of solutions and ways to accomplish what Wilson calls, "life's lessons".

Retail: \$15.00

**Is Anybody Listening?**



*Is Anybody Listening?* Wilson-Coleman candidly shares with readers how she has overcome extreme circumstances including physical violence, economic, emotional and spiritual lack. As a teenage mother at 15. Wilson-Coleman has first hand experience with the trials and tribulations of life. Les Brown "The Motivator" says "This is a book that causes us to stretch our imagination and raise our consciousness...it provides a personal inventory to help you manifest your greatness." Brown wrote in the book's foreword.

Retail: \$15.00

**Changing Your Life**



In this DVD set, *Changing Your Life*, Stephanie discusses key actions you can take that will improve your life tomorrow:

- Why gossip and pity parties are harmful
- How to change your life immediately using your power of imagination
- Learning to use your conversations to talk about what you want instead of what you do not want

Retail: \$20.00

**The Power of Thought**



In this DVD set, *The Power of Thought*, Stephanie gives keys to using your thoughts to aid in living your dreams:

- Learn to use your own voice to create anything you want
- Learn to align your thoughts with your dreams
- Learn to align your thoughts with your words

Retail: \$20.00

*"Life is about pushing beyond your dreams and being old enough to believe beyond your limitations."*

*"No matter what our memories consist of, including the bad ones, all are wrapped with gems of happiness filled with the presence of angels and saturated with more love than we will ever know."*

*"Each experience is designed to encourage us to expand our capacity for prosperity."*

*"Choose to think beyond the boundaries of your past life."*

*"Remember, the blessings of yesterday, dream of the possibilities of tomorrow."*

*"It is up to us to expand our consciousness to reach past anything we thought possible so we may give birth to the miracle."*

*"We were created for greatness and the universe is always nudging us toward our true selves."*

*"Each experience is designed to encourage us to expand our capacity for prosperity."*

*"What Spirit wants is our acknowledgement, our consent, our willingness to believe that It lives in us, as us and is us."*

*"Peace, joy, harmony, love - the light of the world; the light for the world."*



## Empower *Life Changing* Inspirational

### Workshops & Seminars

#### *Our Mission*

The Champagne Connection builds bridges through workshops and seminars to help others transform their lives to overcome adversity and life changing obstacles so they may live their dreams.

Our workshops and seminars are designed to create workplaces that inspire managers and employees to use their talents to boost performance, manage conflict and develop leaders.



#### *Jump Start Your Life*

Take a personal inventory to identify behaviors and beliefs that are blocking your success. By cultivating journaling techniques, redefining the role of anger and developing a personal mission statement, you become the master of your destiny.

- Identify beliefs that are in conflict with your true desires
- Identify and eliminate relationships that are holding you back
- Change your thinking so you can live your passion daily

#### *The Art of Loving Yourself*

This workshop will help you identify the things, relationships and activities that make you feel good about yourself. It also provides a vehicle for you to analyze the various emotions you are experiencing daily.

- Learn simple techniques to permanent rid your life of experiences that damage your self-esteem
- Incorporate simple activities that will keep you focused
- Practical, easy stress relief techniques

#### *Hitting the Bulls-Eye of Your Life*

No matter what your response is to good or bad situations, all responses are based on a set of assumptions that consists of thoughts and beliefs. This workshop is designed to assist in aligning your positive beliefs and using your feeling nature to sprint toward the magnificent opulence that awaits your embrace.

- Use visualization techniques to achieve your goals
- Re-frame negative thinking that is hindering your progress
- How to have repeat successes and minimize your failures

#### *Dancing with Anger*

Identify the hidden truth behind anger. Answering the question “why does how I feel and what I think?” allows you to rid your life of unresolved anger, resentment and hurts.

- Erase “old tapes” and create new images designed to empower
- Eliminate negative self-talk and create inner conversations that motivate
- View anger simple as an emotion that is designed to introduce you to yourself

